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| **Week 1** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Lunch | *Vegetable Lasagne*SweetcornMilk/Wheat | Fish Goujons or *Fishless Fingers* Parsley Mash and Green BeansFish/Wheat | Minced Beef and Onion Pie*Cheese and Onion Pie*New potatoes and Carrots | Roast Chicken *or Quorn Slices*Sauté Potato and Peas | *Macaroni Cheese*Mixed VegetablesMilk |
| Pudding | Fruit PotsMilk | Banana Cake SquaresEgg/Milk | Pineapple Upside-down CakeEgg/Milk | Peachy Rice PuddingMilk | Poached Pears Vanilla YoghurtMilk |
| Tea | *Creamy Tomato Soup**Chunky Herb Croutons**Milk* |  *Vegetable Jambalaya**Garlic Bread*Wheat | *Spaghetti Hoops* *Toast**Wheat* | *Cheese Puffs* *Baked Beans*Milk | Sausage or *Veggie Sausage* and Tomato SandwichesWheat |

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| **Week 2** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Lunch | Smoked Haddock and Cod *Gratin* *Spinach and Mushroom Gratin*CarrotsFish/Milk | Sweet and Sour Chicken/QuornRice and Peas | *Butterbean and Vegetable Casserole* Green BeansSulphates | Cottage or *Lentil* PieBroccoli | Turkey and *Red Pepper* RigatoniGarlic FlatbreadWheat |
| Pudding | Bananas, Greek Yoghurt with Honey DrizzleMilk | Jam and Coconut SpongeCustardMilk | Fruit PotsMilk | Cornflake Tart | Rice PuddingStrawberry CompoteMilk |
| Tea | *Sweet Potato and Lentil Soup**Wholemeal Bread*Wheat | *Vegetable Pasta Bake* | *Beans on Toast**Grated Cheese*Milk | *Pizza Muffin SelectionCherry Tomato and DipsMilk/Wheat* | Fish Finger or Scrambled Egg SandwichesCucumber and Lettuce |

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| **Week 3** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Lunch | Chicken or *Quorn* Noodle CasserolePeas | *Fisherman’s Pie**or Vegetable Croquets**Chantenay Carrots* | Hearty Beef Stew*Root Vegetable Stew*Steamed Broccoli | *Cheese and Mushroom Patties*Rice and SweetcornMilk | Sausage and *Bean Goulash*Herb Mash |
| Pudding | Fruit PotsMilk | Carrot Cake Egg | Banana Flapjack | Mango and Pear CobblerCustardMilk | Apple and Sultana Muffins |
| Tea | *Beans on Toast*Milk | *Gruyere and Onion Tart*SweetcornMilk | *Butternut Squash Soup*Pitta dippers | *Hidden Vegetable Pasta Bake*Milk | *Spaghetti Hoops**Potato Cakes*Wheat |