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| http://birdhouseandhabitat.net/wp-content/uploads/2016/09/Black-Capped-Chickadee.jpg**Autumn Term** **- Week 1** |  |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Breakfast | Cereal and toastMilk/Wheat | Cereal and toastMilk/Wheat | Cereal and toastMilk/Wheat | Cereal and toastMilk/Wheat | Cereal and toastMilk/Wheat |
| Lunch | Chicken Supreme, Rice and SweetcornMilk*Quorn Supreme* | Cottage PieCarrots*Soya Cottage Pie* | Pork Meatballs, SpaghettiPeasGluten*Meat free Swedish Meatballs* | Minestrone Fusilli BakeGarlic BreadMilk/Gluten | Fish Fingers, Spaghetti HoopsMashed PotatoFish/Gluten*Vegetable Fingers* |
| Pudding | Fromage FraisMilk | Chocolate BrownlieMilk/Gluten/Egg | Apple and Raspberry MuffinsMilk/Gluten | Coconut and Banana CakeWheat/Egg | Vanilla YoghurtMilk |
| Tea | Baked Beans on ToastGrated CheeseMilk/Gluten | Assorted Tortilla WrapsRainbow SaladWheat | Crumpets with butter/marmite Cheese cubesMilk/Wheat | *Vegetable/*Sausage Sandwiches Cucumber*Wheat* | Macaroni CheeseDairy/Wheat |
| Babies Tea | Baked Beans on ToastGrated CheeseMilk/Wheat/Soya | Homity PieMilk | Crumpets with butter/marmite Cheese cubesMilk/Wheat | *Vegetable/*Sausage Sandwiches Cucumber*Wheat* | Macaroni CheeseDairy/Wheat |

A choice of seasonal fruits or a savoury biscuit/cracker are offered at both Morning and Afternoon Snack. Served with Milk or Water.

Allergens – All children with allergies are catered for individually, according to their dietary requirements or preferences

*Vegetarian option*

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| See the source image**Autumn Term - Week 2** |  |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Breakfast | Cereal and toastMilk/Wheat | Cereal and toastMilk/Wheat | Cereal and toastMilk/Wheat | Cereal and toastMilk/Wheat | Cereal and toastMilk/Wheat |
| Lunch | Fisherman’s PieBroccoliFish*Cheese and Onion Pie - Dairy* | Roast Gammon with Pineapple Creamed PotatoSweetcorn*Meat Free Gammon Rasher* | Chicken JambalayaPetit Pois with Garlic BreadWheat/Dairy*Quorn Jambalaya* | Sausage and Bean HotpotMixed VegetableMilk/Gluten*Vegetable Sausage Hotpot* | Chilli-con-CarneWhite Rice and CarrotsFish/Gluten*Soya Mince Chilli* |
| Pudding | Fruit PotsDairy | Poached Pears in CustardMilk/Gluten/Egg | Coconut and Jam SpongeDairy/Wheat/Egg | White Choc and Apricot CakeDairy/Wheat/Egg | Strawberry MousseMilk |
| Tea | Vegetable Pasta BakeWheat | Tomato SoupCroutonsWheat/Dairy | Homemade Pizza with various toppings and dipsWheat/Dairy | Assorted Sandwich PlatterCucumber and Mixed Peppers*Wheat* | Spaghetti hoops on ToastWheat |
| Babies Tea | Vegetable Pasta BakeWheat | Homity PieDairy | Cottage Pie | Egg muffinsWholemeal Bread*Wheat/Egg* | Spaghetti hoops on ToastWheat |

A choice of seasonal fruits or a savoury biscuit/cracker are offered at both Morning and Afternoon Snack. Served with Milk or Water.

Allergens – All children with allergies are catered for individually, according to their dietary requirements or preferences

*Vegetarian option*



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| http://images4.fanpop.com/image/photos/22100000/Winter-trees-winter-22173916-1600-1200.jpg**Autumn Term – Week 3** |  |
| **Week 3** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Breakfast | Cereal and toastMilk/Wheat | Cereal and toastMilk/Wheat | Cereal and toastMilk/Wheat | Cereal and toastMilk/Wheat | Cereal and toastMilk/Wheat |
| Lunch | Vegetable BolognaiseGarlic BreadWheat, Dairy | Pork Mince HotpotCarrots*Soya Mince Hotpot* | Cod Goujons, MashBaked BeansGluten*Vegetable Goujons* | Beef LasagneRunner BeansMilk/Gluten*Vegetable Lasagne* | Chicken Curry, RiceMixed vegetablesFish/Gluten*Quorn curry*  |
| Pudding | Fromage FraisDairy | Banana and CustardMilk | Carrot CakeWheat/Egg | Fruity FlapjackWheat/Egg | Syrup Sponge and CustardMilk |
| Tea | Ham and cheese melted TortillaCherry tomatoDairy/Wheat | Muffin PizzaCucumber SlicesWheat | Vegetable/Sausage Sandwich Tomato dipMilk/Wheat | *Cheese and Tomato Swirls**Spaghetti Hoops*Dairy/Wheat | Butternut Squash SoupWholemeal Bread and Butter Dairy/Wheat |
| Babies Tea | Cod and Sweet Potato MashMilk/Wheat/Soya | Chicken and *Mixed Bean Risotto* | *Vegetable/Sausage* Sandwich Tomato dipWheat | *Cheese and Tomato Swirls**Spaghetti Hoops*Dairy/Wheat | Butternut Squash SoupWholemeal Bread and Butter Dairy/Wheat |

A choice of seasonal fruits or a savoury biscuit/cracker are offered at both Morning and Afternoon Snack. Served with Milk or Water.

Allergens – All children with allergies are catered for individually, according to their dietary requirements or preferences

*Vegetarian option*